

Results from Track Meet held at Forsyth Country Day School – Tuesday, March 23, 2010

All times are hand-timed

GIRLS: Forsyth Country Day (F) 125.5, High Point Christian (H) 61.5, Wesleyan (W) 43, Salem (S) 41

4x800: (F) 11:45.3, (W) 12:11.5, (S) 12:24.9; **Triple Jump:** Galloway (F) 31' 2", Wood (F) 30' 0", Phipps (H) 25' 2.5"; **High Jump:** Wimmer (S) 4' 6", Wood (F) & Phipps (H) 4' 4"; **Discus:** Sledge (W) 98' 9", Aldrich (S) 72' 9", Griffin (W) 67' 6"; **Shot Put:** Sledge (W) 28' 3", Aldrich (S) 22' 6", Griffin (W) 21' 8.5"; **100 HUR:** Schreiner (F) 16.2, Wimmer (S) 18.6, Garg (F) 18.7; **4x200:** (F) 1:57, (W) 2:00, (H) 2:07; **4x100:** (F) 56.2, (W) 57.0, (S) 57.6; **Long Jump:** Galloway (F) 13' 7.5", Neben (F) 13' 2", Shaw (F) 13' 1"; **100m:** Black (H) 12.5, Reinemund (F) 13.2, Winfrey (W) 13.4; **1600m:** Cavanaugh (F) 6:19, Novembre (S) 6:26, Martin (F) 6:27; **400m:** Reinartz (F) 1:06.7, Reinemund (F) 1:07.1, Phipps (H) 1:08.1; **300 HUR:** Schreiner (F) 56.2, Byles (H) 57.0, Garg (F) 58.2; **800m:** Cavanaugh (F) 2:46.9, Novembre (S) 2:50.8, Chase (F) 2:52.1; **200m:** Black (H) 28.8, Reinartz (F) 28.9, Winfrey (W) 29.7; **3200m:** Keiser (F) 13:18.7, Wilbur (S) 15:07.1, Allison (H) 15:43.2; **4x400:** (F) 4:39.6, (H) 4:56.9, (W) 5:02.8

BOYS: Forsyth Country Day (F) 95, High Point Christian (H) 49, Wesleyan (W) 42

4x800: (F) 8:57.7, (H) 9:08.2, (W) 9:28.9; **Long Jump:** Mashburn (W) 18' 8", London (F) 18' 1", Hewell (F) 17' 11.5"; **High Jump:** Bambalis (F) 5' 6", Leonard (W) 5' 4", Blaylock (F) 5' 2"; **1600m:** Thompson (W) 4:52, Boone (F) 4:57, Loy (H) 5:00; **Shot Put:** Sink (F) 43' 0", Alberts (F) 40' 1.5", Harris (F) 39' 6.5"; **110 HUR:** White (H) 18.9, Blackmore (H) 18.9, Rizos (W) 19.1; **4x200:** (F) 1:39, (H) 1:44, (W) 1:59; **Triple Jump:** Thompson (W) 35' 11.5", Pollock (F) 35' 9", Crenshaw (W) 34' 5"; **Pole Vault:** Pollock (F) 11' 0", Dula (H) 9' 6", Hathaway (F) 9' 0"; **100m:** Crenshaw (W) 11.0, Seymour (F) 11.5, Ashby (H) 11.5; **Discus:** Sink (F) 142' 11" (School Record), Harris (F) 108' 9", Leonard (W) 94' 1"; **4x100:** (F) 47.4, (H) 48.9, (W) 51.8; **400m:** Mashburn (W) 55.2, Pack (H) 55.7, McCall (F) 57.8; **300 HUR:** White (H) 47.3, Rizos (W) 47.5, Waugh (F) 49.6; **800m:** Stockton (F) 2:07.6, Sturkie (F) 2:09.8, Blaylock (F) 2:10.7; **200m:** Hewell (F) 23.7, Crenshaw (W) 24.4, Schroeder (F) 25.1; **3200m:** Loy (H) 10:49.8, Flater (H) 11:01.3, Stallworth (F) 11:04.6; **4x400:** (F) 3:46.9, (H) 3:53.0, (W) 4:08.2